**IL-10 release assay**

**Assay Details**

Cytokine: IL-10  
Readout: ELISA  
Cell type: Whole blood, PBMCs or fractionated blood cells  
Stimulant: Various

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**Figure 1:** Release of cytokines from PBMCs following stimulation. Unstimulated (US) cells released low levels of cytokine (grey, n=8 wells). PBMCs released markedly elevated levels of cytokine when stimulated with LPS (red, n=24 wells).

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**Figure 2:** The effect of Dexamethasone on cytokine release from PBMCs stimulated with LPS (100ng/ml). Data is expressed as % of the Stimulated Controls (cells receiving LPS alone) and shown as mean +/- s.e.m. from duplicate points.